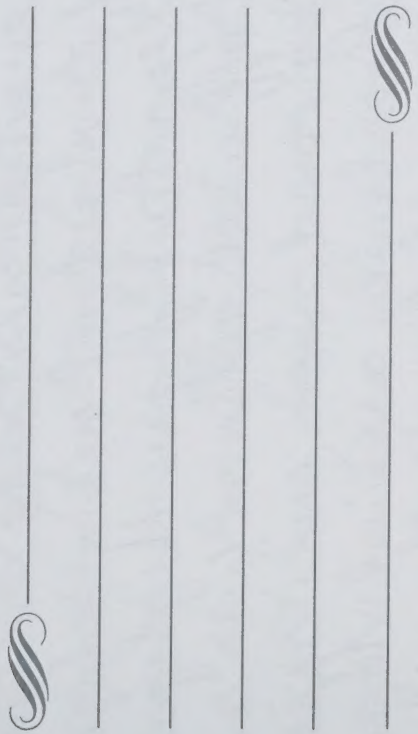
Sailing down the river

It seemed that poor old Pud-dee



Holiday Trip to W. Canada 2001

Sat
Sept. 8 - 7.00 p.m. and here we are all settled in the Guest Suite at Isabel Morrison's Condo in Victoria. The determined efforts yesterday to leave the house in good order and enough suitable clothes packed to meet all our needs paid off. Departure from Highgate went off well after a 6.30 a.m. arising and soon our Airport limosine driver arrived to give us a smooth trip to the airport where the construction of the new Terminal / really boggles the mind. Check in rather slow but fortunately a wheel chair and then a ride on an electric car got us to the departure lounge in good time. There was even time for a coffee + Danish before we boarded first with other slow-pokes. Flight was smooth with a nice Kosher lunch. Most interesting was the bit of prairie we could see - most fascinating was the wonderful view of the

mountains, with their above tree-line bare summits in many cases (especially the eastern mountains) and the surprising amount of snow on many summits. To get that superb view for the first time delighted my geological background. Isabel was at the airport to meet us which made that struggle over luggage so much easier. It was a long drive in from the airport but a great chance to see how uncrowded people's homes are here. Our suite is just great and Thrifty's up the street a good source for a few groceries. Isabel had us to supper in her lovely condo on the 3rd floor and we had some really good chatting. Her view over part of the city and to Ogden Point where the harbour area begins is breathtaking Her huge windows all across the living + dining area and around one corner give her more than 180° of view. So ends our first very happy day.

Sailing down the river

It seemed that poor old Pud-dee

Sept. 9 Sun

Wow! What a wonderful Sunday!! Isabel had us to a good breakfast of sausages & soufflet & toast. We learned a little more of her Rhein-Danube boat cruise and enjoyed again her spectacular view. Then off to church with Isabel taking us first to the Cathedral's new chapel in the extension with its really beautiful huge stained glass window depicting the New Jerusalem. As we were about to sit down in the nave whom did we see but Pat Clark. Astonishment felt by both sides! I had forgotten the Clarks had moved to Victoria. The service of Matins & Holy Comm from the BCP was beautiful and took me back to St. John's and also to services as they used to be. I felt I had really been to church! Coffee afterwards with Pat & Isabel & were invited by Pat to dinner at their Somerset House retirement home on the coast road not far from Isabel's

We walked their labyrinth, their Centennial Project and then drove to the restaurant near Ogden's Point where we had a pleasant lunch with lovely view to the Strait + entrance to the harbour. The walk to the end of the breakwall was a new experience with strange eel-like seaweed on the surface of the water and numerous boats on the water.

After a rest we walked to Somerset House for a lovely dinner with the Clarks + Grace? Nice chat first in their living-room which had a gorgeous view but seemed so small. Pat was so happy to see someone from Holy Trinity! Their friend (+ Isabel's) Grace, nearly 91, was an inspiration with her vigour, her travels, her alert mind + her garden! I dope I can be like that! Now to bed ready for Butchart Gardens tomorrow.

Sailing down the river

It seemed that poor old Pud-dee

Sept. 10 mon. Another spectacular day chiefly because of our visit to Butchard Gardens. Isabel dropped in front of the Empress Hotel where Fred bought our tickets & off we went on the rather lengthy drive out with a very amusing driver giving a very good commentary on Victoria's history and the whole story of Butchard Gardens. Nothing could have prepared us for those beautiful flower beds. There were so many flower beds, the colours were so brilliant, everything was so lush & green (their own wells?) and the whole thing was so vast, seeing it was a never to be forgotten experience. Walked home from the Empress, ate lunch, slept, drank ni Isabel's, other me three had supper in the very old fascinating converted house near Thrifty's. Lots of good chat to end a lovely day.

SEPT 11, 2001 - Tuesday

A day never to be forgotten by nearly everyone living on the Planet today. At 7:00 a.m. Isabel phoned to say two planes had flown into two towers of the World Trade Centre in New York resulting in the collapse of both towers! The TV coverage which we soon watched at Isabel's and at intervalles all day showed a disaster of unbelievable magnitude. There was coverage all day and at each viewing one felt shock, disbelief and a fear of what next. However we carried on - parked at Fisherman's Wharf took the tiny ferry in to the Inner Harbour, opposite the Empress Hotel where we disembarked & strole around looking at the small craft went to the Imax theatre for a wonderful show on Dolphins and then had lunch at the Bengal lounge in the Empress Hotel. Very Victorian. Next we visited the Museum

Sailing down the river

It seemed that poor old Pud-dee

which had wonderful west coast Aboriginal material and a remarkable near village size area called Old Town which was just that with everything imaginable on display.

Ended the day with more horrible TV coverage and supper with Isabel. We have had a wonderful time in Victoria but what an event to alarm us on our last day!!

Sept. 12, 2001 - Wednesday

We were ready to leave for the ferry to Vancouver in good time so watched some coverage on Isabel's TV of the terrible New York terrorist attack. There are no adequate words! Unfortunately Isabel bumped a van in her parking area as we departed and then a fan gave out on her car. Very unsettling for her, but we did get a taxi to the ferry and she got fixed up with CAA & a familiar garage so our lovely visit to Victoria ended well.

Beth was there to meet us at the ferry dock & soon we were moved into her very nice condo at the street level. She even has a balcony or deck around two sides outside. Once settled she drove us to the nearby Marine Centre where there were numerous very interesting old sail boat & fishing boats, a newly constructed Viking ship, a racing yacht & the "St. Roch" police boat which had passed through the North West Passage. It had its own museum building. Evening spent watching TV with the horrors of searching for the missing in horrendous chaos of the two collapsed towers.

Sailing down the river

It seemed that poor old Pud-dee

Sept 12 - Thursday

A beautiful day dawned so we set off, with a picnic lunch, soon after breakfast for a scenic drive across the Kigns' Gate bridge & Stanley Park & W. Vancouver and went along the river side of Howe Sound toward Squamish. Stopped at one time to stroll in the magnificent forest with huge Sitka Spruce, Pacific redwoods & Douglas fir. Stopped at Whytecliff Park for our picnic lunch then as far as Shannon falls with the Chief seen in the background. Beth knows of a good Greek restaurant where we took her for dinner - meal was very tasty.

More of this terrible coverage of N. York on the TV in the evening

Sept. 14 - Friday

Today was fairly leisurely which was a help to me as my sore throat is turning into a cold. Walked to the drugstore with Beth for some remedies & rested after lunch. There was time for Beth to take us to see the Van Dusen Gardens before dinner at which her brother joined us. The Gardens were very interesting with an interesting vegetable area and a good deal of emphasis on shrubs, trees, groundcover etc. & somewhat less on flowers. Beth was rather disappointed as she felt the gardens were getting too little care

Sept. 15 - Saturday

It is quite something to live out of suitcases I decided as I repacked them at Beth's this a.m. We had a good visit with Beth who certainly did all possible to make us feel welcome & to enable us to see as much as possible in the Vancouver area. I am full of admiration for how well Beth has managed her single life - she

Sailing down the river - 1 - It seemed that poor old Pud-dee

has a lovely home, drives anywhere like a pro, is dedicated to her interests knows Vancouver extremely well, is proud to know it so well & to show it off.

Beth had us by car to the home of my cousin Bill Hay & wife Hazel by 10:30 a.m. & we all sat for a little visit before Beth left. Bill took our things downstairs where we have a bedroom, bathroom & the family room to ourselves - everything arranged as helpfully as possible. They have a surprisingly large bungalow with a lot finished at basement level & a nice deck beyond the kitchen where we sat to chat before lunch.

After lunch & a rest Bill & Hazel took us to see the Queen Elizabeth Gardens - another former quarry turned into a magnificent park & garden with the most beautiful flower beds.

Sept. 16 - Sunday

This was the day for family visiting as I gather they often do: First of all Lorrie & her boyfriend Paul dropped in for a little chat & to meet us for a few minutes. Then we drove to their youngest daughter's home (very elegant) where we met Janice & husband Michael & children Jordan, Sean & Kara. Three cats were a big interest there & flowers were wonderful. A long drive followed (see map) up the Fraser Valley first to Linda's (eldest daughter once married to an Egyptian) & Paul's home where we had lunch with them & their two children Jennifer & Alex. Very relaxed & pleasant. Alot more driving to Harrison Lake where it was too windy to see the Sand Castles & then a short distance to Cultis Lake where Cousin Gordon & Marian have their cottage home & invited us to dinner. We certainly are having a good chance to see Hay hospitality operating & felt very much accepted.

Sailing down the river
It seemed that poor old Pud-dee

Sept. 17 - Monday

Coughing pretty bad during the night so Bill & Hazel got me with a Drop - In Medical Centre after breakfast. Sure enough I have a bit of fluid in one lung & a bit of bronchitis so antibiotics were soon purchased. Didn't try to do a great deal today but went to Steveston Community with its many lovely shops & had supper at a fish & chips place.

Sept 18 - Tuesday

Up before five to have a bit before Bill & Hazel drove us to the railway station to board the Rocky Mountaineer Train for our trip by rail to Banff. Fascinating, super scenery - see pictures taken, trip material & further description tomorrow. Last picture taken was 13. Tired when we got to our Holiday Inn in Kamloops

Sept. 19 Wednesday

Early departure by bus from the Holiday Inn in order to start the train trip today in good time (ca 7:30 a.m.)

More strange scenery as we left Kamloops and then we entered the Shuswap Lake Area with much information given about the salmon spawning. We had a good view of the mouth of the Adams river where many salmon go. Glad to know Salmon Arm at last. Many other well known places encountered - Craigellachie, Revelstoke, Stoney Creek Bridge, Rogers Pass, Field, Spiral Tunnels, Continental Divide, Castle Mountain. This is not all by any means. It was a really great day & the Rockies are as majestic as ever. Transfer from train to bus & the Banff Voyageur Inn went smoothly & we have a lovely room.

Sailing down the river
It seemed that poor old Pud-dee

Sept 20 - Thursday

This was our day in Banff without a car so we did a good deal of walking. We walked the whole way down Banff Ave. to the area of the Administration Bldg. stopping to window shop on the way and buy Fred a nice blackfest.

There were floral tributes to the terrorist victims at the Admin. gates. As we went in to the Cascades of Time Gardens where Fred wanted to sit as we had 50 years ago I began to feel emotional. Guess I was tired but with Fred limping along with his cane & me with bronchitis it seemed that we had aged a great deal in 50 yrs. Inappropriate thoughts I'm sure but in addition it was cold. Fall seems to be settling in with clouds & beautiful yellow trees. ~~Had~~ Stopped at the Book Store, then had some warm lunch at a Greek restaurant before walking back. Dinner at the hotel.

Sept. 21 - Friday

This was the day to pick up the rented which was at the Banff Spring Hotel and took a while to find and get into. It was really quite a nerve strain but things improved once we were on our way. Headed for Lake House and were thrilled to watch old majestic mountain freinds appear - Cascade, Norquay, Saw Tooth Range, Castle (Mt. Eisenhower) and the group around Lake Louise. The lake was as beautiful as ever, even with clouds touching the mts at the back. Golden leaved trees on the left side mt. looked so pretty. Went next to Moraine Lake which, as always, was stunningly beautiful with its blue blue water + Valley of the Ten Peaks mts forming the backdrop. I felt a real uplift to the spirits as the breeze blew all around as though a Divine voice were saying "I have been at work a long time - fear not".

Fred took me to the Gb. restaurant for a Honeymoon Dinner.

It seemed that poor old Pud-dee

Sept 22 - Saturday

Many more thrills today and going by one's own car is the way to see all the scenery. Headed past those wonderful mts again on the way to L. Louise but went on into Yoho Nat. Pk. where we were just in time to see a train go in & out of the lower spiral tunnel. Next thrill was Takkakaw Falls tumbling way down its mountain face. It was quite remote & the road there was rather thrilling. Lunch at a small bldg. at end of the road & then found the Banff Jasper Parkway which we followed as far as Bow Lake. The mts we saw along this road were extraordinary with their clear tilted layers, their irregular craggy tops, chimney pots, vast aprons of talus. I was spellbound really.

Supper tonight at the Family Restaurant was a big success & now I am packed for Calgary. Really hate to leave Banff and am wondering how I can get back!!

Sept. 23 - Sunday

Our departure from the Banff Voyageur went smoothly & soon we were in the car and off for a "hello" & "goodbye" look at Bow Falls on this beautiful Sunny a.m. No elk to be seen on the golf course this time or anywhere else for that matter. I was so glad we went next to the Sulphur Mt. gondola lift for a spectacular ride higher & higher to the top of the mt. where we could see all the mts. round about with complete clarity on this cloudless day. Those bewitching mts.!!

Set off next eastward on the Transcanada Highway for Calgary with a side trip to Kananaskis Village. One is right back into the mts there & it is so beautiful. Many areas on the level & on the slopes are highly colored by aspens (?) now turned golden in colour.

A bit of a mixup entering Calgary but Betty Young came & rescued us. Judy had a beautiful dinner and had invited David & Beth Armstrong. Next to visit with them & show our party pictures.

It seemed that poor old Pud-dee

Sept. 24 – Monday

After breakfast Judy, Ty Fred & I went on a lovely walk down through part of Fish Creek Provincial Park. Very attractive down there with lots of space, lovely golden trees & numerous pathways. Learned quite a bit more about Jennifer's first year of teaching at the Indian Reserve from July. We all assembled at noon at 9 & then Doug drove us to pick up Ruth Armstrong at their condo in preparation for joining David at U. of Calgary for a lovely lunch in their Faculty Club. So nice to be with them to chat and then be shown parts of the university. Particularly was the Olympic Oval, a huge structure with 2 hockey rinks in it & a huge ice rink all around the inside of the boarded area. It was splendid to find numerous speed skaters were practicing for competition & really showing how it is done.

In the evening showed our new video Across Canada which all four of us greatly enjoyed.

Sept. 25 - Tuesday

This was the day for the Drumheller Badlands + the Royal Tyrell Museum. The drive there was fascinating as the prairie unfolded before us and Doug explained many new aspects of farming - metal grain storage structures, no till fallow with weed kill by pesticides, deep drill seeding on untilled land, oil wells here + there,

Our first look at the Badlands with those numerous hills jutting out from the strange river valley sides with diff. colored strata traced all along, ~~was~~ caused me to marvel greatly.

We went in to town next + found a Chinese lunch. It was fine.

The Tyrell Museum nearly blew us away. It is so big, has so many exhibits large + small, so many dinosaurs, wonderful explanations and fascinating "hands on" things to try. Drive home spoke to my inner self too. Altogether we all thought it a great day + had fun together.

Sailing down the river

It seemed that poor old Pud-dee

Sept. 26 - Wednesday

Something different for our last day! Doug asked me to look through quantities of family pictures he has, and help sort them into categories - Sittaly, Lachute, Ex farm etc. Did my best to help but realized he is a bigger pack rat than Dan.

Spent quite a lot of time getting our suitcases ready for tomorrow's flight back to Toronto. After an afternoon rest we drove with Doug to see a big house nearby which they once had for sale and then secondly to take the Masonic lodge where Doug is working hard to get an elevator installed. They certainly need it so "good luck" to all his extensive efforts.

We took Doug, Judy + Jennifer to dinner at Caesar's - an elegant, high class restaurant with delicious food. We all enjoyed it, it was so nice Jennifer came as she is having a challenging first year teaching + needs a little fun after terminating her boyfriend.

Sept 27 - Thursday

Our day to fly home after nearly three weeks of holiday. Ready in such good time Doug, Judy & I had a short dalhalter breakfast before Doug took us to the airport. No trouble with security & Fred was ~~pushed right~~ brought a wheel chair for me to push to the departure lounge. In T C Air Canada was more anxious to please (note their financial crisis) & Fred was pushed right to the limo.

We have had such a good time with Doug & Judy it seemed too bad to leave. Alot of healing has taken place with them this summer. Our whole series of visits in this travel holiday has gone extremely well and we are glad we could carry it off so well. There will be alot to recall happily in months to come.

But home is a great place and it was wonderful to see ours again. Talked to all the kids and Muff to report our safe return. Phoned Doug & Judy for the same reason. But are we tired now it's evening!!

Sailing down the river

It seemed that poor old Pud-dee

Joan's Holiday Trip to the "West" '03

Thurs. April 24/03 - Victoria

Six thirty a.m. was very early to be all ready for my limo to the Airport but by rising at 5:30 a.m. I was all set when my very courteous driver arrived. Lots of time before boarding & by heading for "Travel Assistance" I had help including a ride to the Departure lounge & Preboarding. I was really calm when we took off knowing I had attended carefully to so many details. Breakfast was good and flying smooth. But on descending to Calgary I realized my diamond had gone from its setting. Frantic search all around, including help from an attendant with a flashlight. I am sure the diamond had fallen out in the preceeding few minutes but it could not be found. Flight from Calgary - Victoria largely spoiled as a result but thick clouds covered the mountains anyway.

Sailing down the river

It seemed that poor old Pud-dee

It was lovely to see Isabel there to meet me & together we went to the appropriate desk so I could report this unhappy event.

A lovely drive in to the city where I saw lots of spring colour in leaf & flower. Isabel looked after me so well in getting settled in this very convenient suite and welcoming me to her lovely condo home upstairs. We had lots of good chatting. Her sad news was that her daughter Mary from Oakville is leaving her husband. Isabel & the children are terribly upset & mad at Mary.

Called Fred with the Bell card & we exchanged news including my part about the ring. I am grateful he was so reassuring & said he loved me more than the diamond. I needed to hear that!!

Day 2, Friday April 25/03 - Victoria

I had a wonderful sleep last night after my very long first day. On waking had a shower and started the day with my own b'fast things. Up next to Isabel's to expand breakfast with poached eggs. Suddenly I was aghast to see her eyes stop focussing her head look wobbly and then she slowly toppled sideways onto the chair beside her. I couldn't get any response for at least a minute and then could help her sit up & later lie on the sofa. Apparently she had fainted for the first time and later was quite O.K It was frightening & I had so little idea of what to do.

David Bifat was soon here to take me on their tour - first to the new, very neat, almost sterilized looking apartment where they now live as owners. Next we went to the very swanky Union Club of British Columbia, built in 1870

Sailing down the river

It seemed that poor old Pud-dee

where we had lunch. It was really a remarkable place with so much high class b.t. David & Sandra are members (proud ones) & so happy to belong there & be part of so many enjoyable aspects of living in Victoria. Next we saw their second apartment which is being renovated completely. Then wonderful to the legislature & harbour was the best part of it for me. Found Isabel was quite O.K on my return & we had a nice supper together & then watched the hockey game

02.07.18 David & Sandra at the Union Club
" .19 Joan & Sandra " "
" .20 View to legislature & Inner Harbour from Rifat's downtown apt.
" .21 View to rt of above - both show the rooftop garden belonging to their renovated downtown apartment

Day 3, Saturday April 26/03 Victoria

A lovely, lovely day driving up to Qualicum Beach with Kit Lawrence who I had seen for years. No mishaps of any kind to start the day this time and the weather was beautiful. The Malahat Trail is so scenic with evergreen forests & snow capped mountains in the background. We had lunch at Qualicum Beach where Kit had left her VISA card. She gave me such a lovely day.

Next came supper at Isabels where she also had a neighbor, Marty as well as Sandy & his family. It was a very special experience to meet Sandy and his wife Juliette who are both deaf but lip read. Both can respond verbally after lip-reading what you say. Juliette does it so clearly it was impossible to believe that she hears nothing. Their 2 kids Jeremy 13 & Jamal (?) 10 were so nice and at ease with their parents & we 3 "old" women. Isobel is devastated that

Sailing down the river

It seemed that poor old Pud-dee

Sandy returns to Portland tomorrow & in Aug. the whole family will be moved down there. Isabel is such a loving & much-loved grandmother. I am just overwhelmed with admiration for all of them.

02.07.22 Kit Lawrence & Pomia? her adorable Korean Spaniel at Qualicum
" Beach
.23 Same as above
" .24 View from Isabel's

Day 4 Sunday April 27/03 Victoria

It seems I am in for surprises on this trip! After showering & b'fasting Isabel & I picked up her friend Carol (?) & we drove to the Cathedral for the 11:00 a.m. service. It was arranged that Pat Clark would meet us at coffee for a chat which was nice. Learned that she had written Linda a furious letter about the chancel changes - one reason may have been that wine was dribbled down her blouse front with the awkward kneeling at the chancel steps.

But the shocking unexpected at church was that Carol had a serious spell which may have been a heart attack. When her head dropped on her chest I thought she had fallen asleep as Muff does. Fortunately the Dean's wife & a couple of nurses saw the problem & called 911. About 6 men arrived, with intravenous, oxygen, a collapsible stretcher etc & took her to hospital. It was very upsetting & we left, taking only a minute so I

3.01 .00, .0, .1 Cathedral New Jerusalem window

Sailing down the river

It seemed that poor old Pud-dee

could picture the Jerusalem window.

After soup for lunch we picked up Eleanor Dickson from Lethbridge (Isabel's friend) and went to the Symphony concert at the U. of Victoria. It was very good (though accoustics not like Roy Thompson) and the cellist Shauna Rolston was truly memorable. What she did with the cello & her whistling & end were certainly to be remembered.

Eleanor took us for fish & chips at her Golf Club which has a lovely setting. Checked on Carol at the hospital where she is doing fine & come home. I was very relieved to know I was finished driving with Isabel who I am sorry to say is becoming a rather risky driver. Staying in the Guest Suite here is infinitely better than staying upstairs with Isabel would be. But if doing it again it could only be if Js. were no longer driving. Kit Laurence has extra space and so have the Rifats.

I did walk over to Dallas Dr. this p.m. to look at the sea & so end my Vict. stay on a note very crisp & me tonight.

Day 5, Mon. Apr. 28/03 Victoria-Vancouver

Today was for finishing my packing, clearing up the apartment and saying "goodbye" to Isabel who drove me to the Empress Hotel to get the shuttle Bus to the airport. Nice chat on the way with a young fellow headed to Calgary. View of mountains seperate this time especially tall snow covered Mt. Baker. Wonderful to be met by Beth & I started to relax right away. She had a lovely dinner & then we watched a funny TV show.

Sailing down the river

It seemed that poor old Pud-dee

Day 6 Tues. April 29/03 Vancouver

03.01 View seaward fr. Granville Is.

This a.m. we walked down to Granville Island (quite a long way) where there is a large Farmers' Market - very impressive - and many craft + gift shops. Muffwood have loved it. Equally enjoyable was the walk we took along the nearer side of the waterway before actually getting to Gr. Is. - all sorts of flowering bushes, bulbs and stretches of grass. Lunch at home + then a good sleep - most refreshing. Next we headed for Van Dusen Gardens where I took Beth to a lovely dinner at the Shaughnessy Restaurant.

Day 7 Wednesday April 30/03 Vancouver

·03·01 · Starting around Stanley Pk. - view across Yacht Club's Marina to downtown Vanc.
" · Prospect Point - looking toward Capilano Canyon area (see Beth)
" · Third Beach - view seaward
" · Fish House parking + cherry tree
" · Rhododendron Garden
" · " " close-up of a special one
" · " " J E W in front of 2 lovelies
" · Lynn Canyon - Suspension Bridge

The list of pictures gives a good idea of our lovely drive around Stanley Park. The whole park is so beautiful with so many spectacular trees, lawns, shrubs (esp. rhodas) in bloom. Fish House was very nice for lunch - where seafood chowder & assorted seafood plate were very good choices. There was alot of driving for Beth who fortunately is a very good driver. Lynn Canyon with its suspension bridge + very tall trees was spectacular.

Sailing down the river
It seemed that poor old Pud-dee

Day 8 Thursday, May 1/03 Vancouver

·03·01·14 Anthropology Mus. U.B.C. - 3 totems
" ·14 " " close-up of central totem
" ·15 " : The Ravens the first Men
by the famous Haida Bill Reid
" ·16 Beth in her garden

Once again Beth planned & carried out a lovely day for me. We were at the Anthropology Museum at UBC at 11.00 a.m when they opened and ~~the~~ saw much of their Haida & other West Coast Indian Art. The totem poles were really remarkable. Then we went to Brock House - a Seniors' Centre - for lunch & were joined by Beth's friend Audrie - nice to see her again. Jericho park is adjacent so we next had a lovely long walk through parts of it. Home next for a rest, packing & our last dinner together. Beth & I have had good times chatting & remembering old U of A friends. I will be sorry to leave her but feel our closeness has definitely been revived & strengthened.

Day 9, Friday, May 2/03 Vancouver

This was the day to move to Hazel's where Beth took me with no trouble at all. My visit with Beth had gone very well and I felt so relaxed in her attractive home. She is a very relaxed person, even with a few problems to deal with such as damp walls & incorrectly installed bathroom flooring.

Hazel is very hospitable too and made me very comfortable in the same downstairs room. Nice to be healthy this time! I think Hazel is pleased to have me to talk to and I have listened alot to all sorts of accounts. She is doing well at adjusting to being alone but of course has had a difficult time.

We went for a lovely walk this afternoon over to Memorial Park - a huge park with several playing areas right in the middle of this residential area. The gardens around here are so lovely. Had a good phone call with Fred before supper.

It seemed that poor old Pud-dee

Day 10, Saturday, May 3/03, Vancouver

·03·01·1 (Robert-(Betty's son) & Debbie Doggett
" ·1 Janice, Jennifer, Sean, Hana, Linda

Slipped out after breakfast for a brief walk around the block to see the pretty gardens. Then it was a day for family visiting. Hazel's 3 daughters + other assorted relatives come & visit her each week-end. So in the a.m. Norrie came for lunch & gave me the brilliant idea of going to the florist's & buy Hazel some flowers which I had the fun of arranging. In the afternoon Linda came with her Jennifer & Janice with her Sean & Hana. Very funny & hear Janice talking to her Jordan about his "partner project" wh. was meeting problems. I was much interested to meet Robert (Betty's son) & wife Debbie Doggett - both very nice people. Robert's eyes were so much like Daddy's & he seemed such a pleasant articulate man. These relatives are so lucky & be able to see each other easily.

Day 11, Sunday, May 4/03 Vancouver

03.01.19 Hazel & George Gordon at Hazel's
" 20 Hazel & Joan " "

This was the day for visiting with relatives of my generation. Hazel went to alot of trouble to get ready for this dinner with table set beautifully, drinks & hors d'oeuvres to start and a lovely dinner with 7 of us sitting down together. She had invited Angus & Dorothy, Gordon & Marion, & George (Helen & Ken's son). I was fascinated to see George whose eyes are so much like Daddy's and who was fun to talk to. Gordon is fun too & he & Marion do alot of teasing. Angus may have Daddy's lip problem & is such a big fellow. Lovely to meet Dorothy now recovering from a horrible car accident on the way home from the U.S.

I was absolutely thrilled to realize there were four of us cousins, the children of 3 brothers seated together exchanging & updating family news. Hazel certainly knows how to help keep the family together.

Sailing down the river
It seemed that poor old Pud-dee

Day 12. Monday May 5/03 Vancouver

·03·01 ·22 Having lunch after the Sea Bus ride

" ·28 Hazel's street

" ·38 Hazel's house

The weather looked glorious this am so Hazel & I set off on a long excursion on the 49th bus, east to Metrotown, the Sky Train to Waterfront station, the Sea Bus to N. Vanc, ~~the Sea Bus~~ docking at Lonsdale Quay & then bus to reach the Park Royal in West Vancouver. The Sky Train is a brilliant means of transpot which keeps you a little above street level so you can see for long distances with mts all along the n. boundary of the city! We really enjoyed ourselves poking into alot of stores & Jo! I found a size 4 Lemin shirt with buttons down the front for Hazel. We have become quite comfortable friends I would say so tried today to introduce some more positive subjects with a view to the future. My Vanc stay has been great!!

Day 13, Tuesday May 6/03 Vancouver to Calgary

-03·02·00·① Flying east out of Vancouver

I had my final good breakfast at Hazel's, hoping sincerely that my visit had been helpful to her. Perhaps when the 1st anniversary of Bill's death has passed, she will look more positively to the future.

Was at the airport in lots of time & off we went into an initial blue sky with the snow capped mts circling half the city. Knowing there was snow in Calgary I was not surprised to see the clouds building up & indeed it was snowing & very cold when we landed in Calg. Doug was there & on the way home we stopped at the Shriners' Temple so I could see their vast facilities including a big stable for the mounted brigade, & Doug could choose a special pin.

Dinner was at a Chinese restaurant to celebrate Doug's birthday tomorrow. His presents were lovely & it was heart-warming to meet his 3 attractive kids - much attached to their father, still close to each other & very welcoming to me.

Sailing down the river

It seemed that poor old Pud-dee

Day 14 May 7/03 Calgary to Lethbridge

03.02.~~18~~ Foothills near Nanton

" ~~18~~ " " "

Judy gets up early & does a lot but I was in time to have b' fast with her. Much of the morning was spent with Doug looking at his photo albums especially pictures dealing with the Shriners & Daughters of the Nile. Judy came home from lunch wh. was nice & soon after Doug took me to the bus for Lethbridge It was a very enjoyable relaxing ride of 3½ hrs. with the weather improving all the time & behold the mts began to show up along the west horizon, lovely! The arrival in Lethbridge was very distant from years back & only a few things were familiar. There was dear Sheila waiting for me & soon we had collected Margaret to go to Sheila & Doug's for dinner. The evening was so pleasant & relaxing! Between the relaxed atmosphere & their superb views over the coulee this visit was a high light for sure. Now I have the fun of seeing distant lights beyond the coulee.

Day 15 May 8/03 Lethbridge

03.02.3+.4 Coulee view w. of Lethbridge's
" .5 Bowman (School) Art Centre
" .6 High Level Bridge fr. Museum
" .7 " " " "
" .8 University from Museum
.9 J E W. on lawn w. of Lethbridge's
.10 Sheila & Lethbridge's House
.12 Old Rd. (3 stages) & cross coulee 6 mile
.13 " " "
.14
.15

Today was exciting! First the Bowman Art Centre where I remembered all the classrooms & was enthralled with Van Christou's Exhibition of photographs taken in many places eg. Athens, Mykonos etc. He has certainly had a second career!
Next we went to the Museum with its Viewing Gallery for seeing the bridge & the University, the displays showing the Coulee history & then the very complete displays & exploring the history of the Japanese in S. Alberta. Last came a superb coulee ramble with Sheila & Margaret's invitation to supper at the Country Club & a short visit at her home afterward. Lethbridge has been great!

Sailing down the river
It seemed that poor old Pud-dee

Day 16 May 9/03 Lethbridge - Calgary

A few last looks at the coulee in front of the Etherbridge house & start today. How I hated to leave they have been so kind & it has been so comfortable with them. I would love Fred to know Doug P.. I feel worried about Sheila with her repaired heart valve & very thin frame & face. May God grant that I see this old childhood friend again!!

Bus trip uneventful though departing through the coulee & seeing the bridge again was special.

Doug was at the S bus stop to meet me & at home we scrambled some lunch. On the way here & after a short rest while driving around I got a long discourse again - this time on who has made money in Calgary & how & why some have not taken his advice.

The difficult part of the day was the birthday party of a friend to which we three went. I did not enjoy it! I could perhaps have coped with being a stranger but Doug's behaviour really upset me - noisy silly show-off, holding centre stage, little attempts to be polite & no. Many of the others were noisy also & risqué words were frequent. How am I to continue healing feeling as I do?

Day 17 May 10/03 ~~Lath~~ Calgary

-03-02 16 Doug + Judy's house

To make matters worse I slept very little last night feeling so upset by my brother last ~~night~~ evening. Was he half drunk? He behaved that way. Certainly had to pray before rising that I would get through the day somehow.

A long walk this a.m. was a help and then chatting with David + Ruth at the Masonic lodge where we all attended the Ice Cream Social was very enjoyable and helped me settle down. It was so enjoyable to talk to D. + R.

Tonight was the time when we really got back on track. I had invited Doug + Judy out to dinner + finally we found a table at The Olive Grove. Meal was very good, they enjoyed it, + we conversed very comfortably. I am very glad to feel that the atmosphere is now much improved.

Sailing down the river

It seemed that poor old Pud-dee

Day 18 May 11/03 Calgary

'03 02.15 Doug & Judy in their yard
" .16 2 of in their yard
" .17 Iara, Stuart & Stephanie

This Mother's Day has been much nicer than I imagined. It was nice going to church with Doug & Judy & Stephanie (& Jay!) where alot of attention was paid to Mothers & a carnation was given to each woman present. Judy had had a lovely Mother's Day card for me at b'fast to my great surprise. Stephanie came home & made Brunch for us which was her gift. Good rest in the aft & then went with the others to get Stephanie's maid of honour dress (new style!). Very nice dinner & to my tremendous surprise & pleasure Michael, Elizabeth & Mary all phoned me at Doug & Judy's for Mother's Day. How very good of them!! It meant alot.

Day 19 May 12/03 Calgary

03.02.18 To Rockies fr. entrance & Heritage Pk.
" .19 Main St. with Hospital & NWMP first
" .20 Church of St. Martin & Rectory
" .21 Station & approaching train
" .22-23 Train passing ~~train~~ station
" .24 School house & clouds

By myself this a.m. so did my packing & went for a walk. The clouds here are so beautiful!
Judy came home for lunch & then dropped me off at Heritage Pk. where I had a wonderful time going into various bldgs. - see plan of area. I enjoyed the horses in their barn, the lively description at the hospital, the dear little church of St. Martin, the beautiful furniture in several of the houses, the very complete children's furniture. The Prince House had hot water heating & electricity!!
It all added up to a great afternoon.

Sailing down the river
It seemed that poor old Pud-dee

Special Highlights of my '03 Trip West

Victoria - The beautiful spring flowers
View from Rifat's new condo
The astonishing supper visit with
Isabel's deaf Sandy & Jeanette
& kids Jeremy & Jemel
The symphony modern style cellist & whistler
My final walk alone to the seashore

Vancouver - with Beth
Splendid relaxation conversing with
her & sleeping in her spare room
Spectacular rhododendrons & hydrangeas in Stanley Park
Lunch at the Fish House - Stanley Park.
Lynn Canyon - bridge & tall trees
Anthropology Mus. - wealth of material

Vancouver - with Hazel
Seeing how close Hazel's daughters &
gr. kids are to her with calls & visits.
Meeting Robert & Debbie Doggett.
Meeting Angus & Dot for the 1st time.
Thinking of seeing 1 of H cousins (children of
3 brothers) Hay at the Sun. dinner table.
Going to W. Van on the Sky train & Sea Bus with Hazel.

Sailing down the river
It seemed that poor old Pud-dee

Special Highlights of my '03 Trip West

Victoria - The beautiful spring flowers
View from Rifat's new condo
The astonishing supper visit with
Isabel's deaf Sandy & Jeanette
& kids Jeremy & Jemel
The symphony modern style cellist & violinist
My final walk alone & the seashore

Vancouver - with Beth
Splendid relaxation conversing with
her & sleeping in her spare room
Spectacular rhododendrons & hydrangeas in Stanley Park
Lunch at the Fish House - Stanley Park.
Lynn Canyon - bridge & tall trees
Anthropology Mus. - wealth of material

Vancouver - with Hazel
Seeing how close Hazel's daughters &
gr. kids are to her with calls & visits.
Meeting Robert & Debbie Doggett.
Meeting Angus & Dot for the 1st time.
Thinking & seeing 1 of H cousins (children of
3 brothers) Hay at the Sun. dinner table.
Going to W. Van on the Sky train & Sea Bus with Hazel.

Lethbridge - My first glimpse of the snowy foothills from the bus.

Recognizing Sheila quickly at the bus depot.
The lovely cozy atmosphere at supper with Doug, Marg. Nelson, Sheila & me.
The super view of 6 Mile Coulee
The very unusual & stimulating walk in the dredge with Sheila along top of coulee
The way I relaxed & was thrilled at the same time at Rotherbridge's Seeing Van Christou's Art Exhibition (photography) at Bowman Art Centre.
Seeing High Level Bridge from Bald Museum

Calgary - The very nice way with dinner & gifts Doug's birthday was celebrated.
The extraordinary amount of conversation re Real Estate Masons, Shriners, Eastern Star, Daughters of Nile I heard
Seeing David & Ruth at the Ice Cream Social
Sharing Mother's Day with Judy
Receiving Mother's Day phone calls from Michael, Ele. & Mary - A wonderful surprise
Spending my final afternoon at Heritage Park with all its bldgs & beautiful furnishings.

Thoughts for me to Remember

I need to ~~must~~ be able "to see out" of any place I inhalit.
I need to slow down + relax more.
I need a disciplined exercise program
Get out of the house everyday
It is O.K. for me + Fred to walk in different ways at diff. times but occasionally together would be nice.
There must be daily reading time
We must arrange + have the family in more often - plan new fun ideas.
Really important + have friends + neighbors in.
Keep + going to occasions away from home

Possible Changes at 164

Examine kitchen cupboards + rearrange
Have more everyday silver.
Buy new scatter mats.
Have earlier dinners to extend evenings - watch a different news on TV
Get kitchen window ornaments + ruffle
Consider new floor cupboard fronts in Bathroom
Contact the Seniors + plan trips with them

Important Projects

Fred's Picture Project - I could + should show more interest in this - it would provide more sharing.

My Slide Project - Keep working at it + get Fred's help re giveaways & Dept. It would provide valuable sharing + get my aims accomplished.

Photo Albums - keep up to date with latest pictures taken.

Michael's Photo Album - very important to put this together.

Apr. '03

Thoughts On Improving Problem Management at Home

Situations to Accept -

Fred is aging more quickly than I am (typical of men)

He is easily irritated

He seems to be losing energy

He is not getting enough exercise

He is definitely not a morning person, but works hardest in the latter part of the day

There is less confidence in driving to places outside TO ∴ contact Seniors' Centres & see what bus trips they offer to attractive places such as Stratford Ottawa.

Changes should probably be made gradually.

Apr.'03 Possible Helpful Remedies & Thoughts

(1) It is reasonable that we each feel free, at least part of the time, to go our own way independently as our age & interests dictate. Perhaps I need buttons, F & J to press as circumstances suggest.

(2) Try to see what I do that is irritating eg. being too bossy, forgetful, not speaking loudly enough or is T. upset by some as yet undisclosed problem. Be sure there are as many areas as possible where he is in charge & likes to be in charge

(3) Be energy loss - how much is inevitable & how much is laziness? Hard to tell but provide good nutrition & lots of fluids. Nb. have dinner early & then he will have a real evening for working before turning to his light reading. Nb. he attempt to read at the same time in the evening myself

(4) Can't push much over exercise except to set a good example (get my own plans really working), encourage Mall walking & to Hartmanis & occasionally a walk together

(5) Accept that I like to get ups in good time & will happily eat b'fast alone sometimes. Compromise over our start & the day must be agreed on & then at last my early a.m. walk can be agreed on, if I do not need to garden then.

Thoughts at end of Winter 2004

This winter was cold, icey, snowy & confining and seemed pretty long. There was too much time when Fred & I were here alone, doing separate things & not speaking. Why?

(a) The "Book" work goes on & on & does tend to separate us. There is now the possibility that this is so much the norm that things will never change - Fred will always be glued in front of the computer in preference to doing almost anything else. What can I do?

i Keep showing an interest in & enthusiasm for the book but

ii suggest something different for the evening sometimes eg TV or a Video.

iii have neighbors in for dessert.

iv Go to a movie or Univ. event

(b) We are too much in the habit of just working silently in the house alone so

i Have part of the family over once a month

ii Have neighbors or church friends in for lunch, tea etc
iii In summer have friends from further in for lunch tea supper
(c) Variety is Vital for meal host
i Keep up my interests so I get a change of atmosphere
ii Keep Fred going to Emeritus
iii Plan projects or activities we can do together eg. organize, give away slides, continue the family pictures projects.

3. Avoid Problem Moments
Don't argue about minor matters The dishwasher, breakfast are Fred's domains.
Recognize times quickly when F is stressed & avoid stressing him further. Such outbursts are hard on both of us.
Come around corners to hear what he said only within reason - otherwise pretend I did not hear
If giving necessary info make it simple & very clear.

N.B. Next winter must be different

Trip to England 2004

Trip to England 2004

March 24 & 25

Mar 24 passed very easily-we were so ready I even had time to walk a letter to Doug to the Boy in the a.m. I had a very nice phone chat with Michael who will do some things to help in our absence. Unfortunately there were 2 or 3 more episodes when Fred spoke very rudely to me quite unnecessarily. I know he has been under alot of strain in recent weeks (so have I!) - now I know for sure he has insufficient self control (witness the years as chairman & recently during the Chancel crisis) during times of stress for himself. It comes out in such unexpected ways it makes me feel there is a part of him I do not really know. It was quite hard to take off in our 777 & think of all I was leaving behind - 3 children & grandchildren, freinds, home & spring just starting. Did I really want to go to England!

Anyway I did manage (by interfering) to get Fred the ear

best seat (bulkhead) he has ever had on a flight. The night passed quite well with a little sleep & kept repeating to myself that I must strive to make this trip a real success - likely the last such a one. After some breakfast at Heathrow I think we both felt better & after a long bus ride we were at the Tavistock. Dinner at the Italians & now we are going to phone Mary. No doubt after things are really under way in this visit to London & Mary's I will feel better

Friday, March 26/04

I guess my system was not sorted out time wise at all as I scarcely slept at all until c. 3.30 a.m. As the day progressed, however, I gradually felt more normal and enjoyed what we did. Headed straight for the Parthenon room and was much interested in the small gallery where Elgin's casts of the W. frieze slabs remaining in Athens are displayed with good explanations. Had a nice lunch at the Museum café & then had a quick look through the Celtic & Romano British galleries. After a rest it was time to meet Mary at Euston & how exciting to have her rush from the train to us. We took her to the Greek restaurant where we had a good Mezze meal, ~~our~~ much enjoyed, & lots of fun chatting. Her presence will make a big difference.

~~04·3·24~~ Parthenon W. frieze AF ~~□~~

~~04·3·23~~ did not press twice MF forgot to turn to P

04·3·22A " Metope MF P set flash but did not go off

04·3·23 3 Graces MF P set flash but did not go off

·22 Mausoleum something wrong frieze MF P flash set & went off

·21 Greek Taverna - Mary & Fred

Mary & me

London, Sat. Mar. 27/04

This was an absolutely super
~~20~~ day with Mary having
14 arranged a Bus Tour for us
20 N. side St. Paul's fr. Paternoster square
19 Tower Bridge fr. London Bridge
18 Mews - Gold State Coach
17 " " " & horses
16 " Irish State Coach

& figured out the bus tour perfectly. We hopped "on" & "off" several buses & take in alot of the city as shown on the route map - over to the St. Paul's area incl. & Amen Corner, around the Tower of London across the bridge (Tower), & then sites - the Embankment Westminster, Boadicea, Big Ben, Westminster Abby etc & the Mews where we got off for their wonderful description of this whole establishment for looking after the Queen's horses & carriages. It was most interesting.
Supper at the Hotel restaurant & glad to go to bed after a long but wonderful day. Mary did everything possible to give me a good time.

London, Sun. Mar 28/04

A less rushed day which helped me to sort out my thoughts. After another ample English b'fast at the Jarvis Tock we three spent the a.m. at the Br. Mus. seeing Romano-British & Celtic treasures eg Sutton Hoo, Corbridge lions, Mildenhall etc. Taxi'd to Euston where we three had a bite of lunch & then left Mary to board her train to Lancaster. It has been wonderful to have her & her understanding company has been especially helpful to me.

After a snooze & poo went to see Lee Johnston. He was thin but spoke & thought quite normally so we had a good visit. His son Michael was there too & looks after everything. There had recently been a break-in. Strange without Michelle but Lee & Michael are going to S.W. France in May to bury Michelle's ashes near her grandmother.

London Mon. Mar 29/04

Something I ate for lunch yesterday at Euston must have been "off" for I had all the evidence of food poisoning late in the evening & once again during the night, What a shame from every point of view! Had to do a lot of sleeping during the day & Fred looked after me very well with sweet water, tea & biscuits. It meant scrapping one day's plans & Fred very kindly said he had decided right at once we would omit the Dover plan. Mealwise a light continental here at b' fast, soup at Jacque's Café at lunch & spaghetti at the Italian place were O.K. Thank goodness recovery is much faster this time than last.

London, Tues, Mar 30/04

I feel a real proper spirit has settled in to this London visit now & I very much wish we were staying longer. Following the leads Mary got at the Chapter House near Canon Corner ~~we~~ phoned the right number at the Guild Hall so we knew that was the right place to go in a cab. Cashed T cheques at an AMEX place first & then had a nice sunny drive along assorted sunny streets to the very impressive Guild Hall ~~had~~ with front facade replaced after the War & the library to one side. There people were most pleasant & helpful - produced memorabilia photos all labelled AMEX Court with only two showing the original corner just to the east of the s-gate. Fred took 3 photos in all. What was most exciting was to see "Suttaby Publisher" in the right spot on an 1886 London Map. A very rewarding visit!! Next had lunch and a good visit at the Museum of London.

04.3.15. London - The Guild Hall
" " 14 Tavistock Pl - Promula Bed around Gandi
" " 13 " " Part of the bed

London Wed. Mar. 31/04

04.3.12A Reading Museum - mosaic hung on wall
" 11A " " " " "
.10 Calleva Model MP flash turned on?
.9 " " " flash fired
.8.7 " The eagle AF - portrait - it flashed twice = 2 pictures?
.6 " The church near the basilica - AF ☐ flash went off - picture should show excavated outline, its plan & the reconstructed painting.

Does life have to be a series of ups & downs? Having just got back to normal yesterday after my stomach upset & started to feel excited about this trip with Fred didn't he really curtail my sleep with night noises last night. Felt really tired this a.m. & needed ½ the day to start feeling on top of things.

The train trips to & from Reading went very well really & we had lots of time to finally see & enjoy the new Calleva Gallery. It really was enjoyable to relive our acquaintance with that fascinating important Roman city.

Packing tonight for Mary's tomorrow.

London - Lancaster - Hind Hea Thurs! April 1/04

Departed from the Tavistock well organized & were met at Euston by a Journeycare man with small vehicle to take us straight to our train. Journey was uneventful with a succession of town areas & farmland & some rather dreary looking parts with rain threatening. Another helper met us & got us to the waiting room where Mary met us after school. Journeycare is superb!

The kids have all grown some more, particularly Paul, and it was such a relief to find I could understand what they were saying. Paul has grown tremendously, changed his hair style & has beautiful teeth. He is exuberant still but they all seem to be dividing the limelight better than previously. Paul had lost the directions for an assignment due tomorrow so there was a bit of flap getting that sorted out.

Hind Head Thurs April 2/04

Mary had school this a.m. so was gone. Paul, Hannah likewise but Peter was home with a cold. Fred & I stepped in to visit with Norman & had a very pleasant chat. He seems to be coping well now after Joy's death but the first while of course was very difficult.

Mary was home for a fast lunch & then we went in to Hornby to see the really lovely library she planned & meet her head teacher. It was most interesting to learn about this special needs school (Hannah's swim lessons are at their pool) to see the view beyond the library windows & imagine enthusiastic students in ~~the~~ Mary's library.

Shopped at the butcher's stopped at the P.O. & then participated in Mary's church for a toddlers period.

Hind Lea Sat April 3/04 - Ribchester

This was the day to visit Ribchester ~~Castle~~ which gave us a lovely drive over fell country where there were miriads of daffodils along the roads & in the villages. It was drizzling so lucky Mary had packed a lunch. Parked overlooking the Ribble river which had washed away part of the Roman Fort. Visited the granaries nearby, partly overlayed by the local St. Wilfrid's Church which I stepped into to look at. The museum as usual with English ones was very good. Snack at the White Bull Pub and then found the remains of the Roman Baths. On the way home stopped to buy dessert for Sunday & had a visit at Mavis's (up the road from Mary's) to buy eggs & fed some new born lambs.

04.3.5A Granaries at Ribchester
.4A Granaries & Ch. of St. Wilfrid"
.3A White Bull Inn (snack) "
.2A The Baths at Ribchester

.1A Mary & Mouse

Hind Lea Sun April 4/04

Palm Sunday so we went to Holy Trinity Church in Wray with Mary. Mary preached a splendid sermon on "Moments of Clarity". After a rest went to Middlewood where the plan of the owners is to do everything in the way least harmful to the environment. Hannah has a friend there & we found them in a yurt replica - very good imitation indeed & surprisingly warm on a very cold windy afternoon. Peter has been learning ancient skills there & we saw his partly finished "shave horse".

Mary's friend Helen came to dinner & it was nice to know her a little before she comes to visit with Mary & kids in the summer.

Middlewood

04.4.24A Peter on his shave horse

.23A Hannah in the yurt

.22A Peter on his shave horse

.21A Hannah on her friend's trampoline

Hind Lea - Hardnott Pass - Ravenglass -
St. Bee's Head - Mon. April 5/04

Busy start to the a.m. as Mary & James returned the College car & picked up the rental van for our trip up the Cumbrian Coast. Gradually we made our way into the Lake District & then through it where the scenery was beautiful & very interesting. James drove superbly along the narrow roads which got narrower & steeper as we went up Hardnott Pass. Unfortunately it was raining at the top so there was no examining of the site. The ruin in both directions, however, was spectacular. Made our way down to Ravenglass on the seacoast where only part of the Bathhouse (with high walls) remains.

Spending the night in a B & B (very nice one in the town centre of St. Bee's Head) which is really a farming operation. Mary found a dilly this time.

04.4.20 Hardnott Pass looking forward
" .19 " " looking back to highest point
" .18 Ravenglass - Remains of Baths
~~.17~~
~~.16~~

Tues April 6/04

St. Bee's Head - St Bridget Moresby - Senhouse fort at Maryport - Mile fort up stairway from Crosscanonby - St. Bride's Church at Kirkbride.

Very glad to have slept so well after my Codeine cough medicine. Huge b'fast to start the day at our very nice B&B

Started with St. Bees & found her statue within sight of the church. Very interesting portals & spent some time inside.

St. Bridget at Moresby - church is on top of the fort - see booklets Maryport - Senhouse was biggest of coastal forts - from modern tower you have perfect view over the bulk unexcavated fort area At Crosscanonby we climbed the long stairway so we could see the outline of the Mile fort Kirkbride - Mary had a time finding it but there it was on top of a fort with a cemetery all around.

This was a very good day & on the whole I have felt better. Mary has certainly planned everything exceedingly well - Stayed at Beech House B&B Whitrigg

04.04 .17 St Bee's Statue at St Bee's Head

~~.18~~ St Bee's statue

.16 Plaque on St. Bee's statue

~~.15~~ St. Bee's church across the field

.14 St. Bee's Head

.11 St. Bridget Old (Back) & New

~~to fr. St. Bridget churchyard to Scottish coast~~

.10 Maryport - corner of museum bldg & across to Scotland

.8 Kirkbride - church on top of hill St Bride's Church

.13 St. Bee's Church interior

.12 From St. Bridget's churchyard at Moresby to Scottish coast

Wed April 7/04
8 B&B at Wigton

Broom across Solway to Nuclear in Scotland
Bowness on Solway Church (St. Michael) on part of fort

Bowness-on-Solway - looked over the church yard seaward & over the fort (maybe all wrong)
Footpath looking across Solway
Vallum shown by line of gorse
Whinlatter Pass - approached from east, stopped at Visitors Centre, continued to the right stop to see the Ages on both sides of the road.
Ambleside well into Lake district & found fort at Galava where there was a lot to see
Windermere - hoped to see "The Great Sacrifice" window in St. John's Church but the church has now been divided up into flats - what a disappointment!!

Thurs. April 8/04

15 Bird Tea - daffodils in Mary's garden.

Fred went in to Lancaster with Mary so he could photograph the bathhouse near the Castle. There were other errands for Mary to do so they were not home till on in the afternoon. Hannah & I picked fresh daffodils & I had some extra rest. Mary had stiphada for dinner - very nice & we ate in front of the fire as the weather is on the cold side. Went with Mary to the Maundy Thursday service at Latham Falls where we had 3 readings (Mary did one) and very moving hymns. My chest cold improves very slowly which prompts me to start listing thoughts:- Mary has done everything possible to fulfill Fred's archaeological hopes but there is no indication that he thinks of including me in this area of research. Disappointing, but I must formulate a realistic & satisfactory response. Being able to do only one thing at a time may be in the picture here

Fri, April 9/04 - Good Friday Hird

Mary does a long Good Friday workshop at the Institute in Wray for the children on Good Friday & puts a lot of effort into it. So Jones drove Fred & me to church in Wray (Holy Trinity) for the 12-00 services of the Passion. At the end Mary brought the children in to do a play "What is Truth" which she had adapted from a story. It was very well done and the children were enchanting.

Got a good afternoon rest & we saw part of the video of "Ebenezer" the school Christmas play done at Kirby Longsdale H. School where the kids go. Hannah & Paul were both in it.

It is cold everywhere - not easy to get over my worrisome chest cold.

Thoughts - don't come again in spring to Mary's even if it means missing the extraordinary daffodils. Houses are unevenly (if at all) heated & churches are cold. Weather not suitable for outdoor pleasures.

Sat. April 10/04 Hind Lea

64 - Hannah's Gymnastic routine.

James made an early trip to the butcher's for the leg of lamb. Then we set off for Hannah's gymnastic centre & left her while we shopped for groceries & Easter goodies. Hannah is extremely good. Another good afternoon rest which helps my cold - it is fading but there is still a pretty bad cough at times.

Activity over Easter baking took up most of the remainder of the day - Easter braid (bread), hot cross buns, Easter potatoes & eggs (onion skin & Batik decorations)

Thoughts - it is very nice & important to be with Mary for the Easter season, despite the cold & my cold. Am trying to help in every way as it will likely be our only remaining Easter together at Hind Lea. One has to be realistic.

Sun. April 11/04 Easter Hind
04.4.3A Family grapples Norman, Lea after Easter dinner

Up in good time to go over to the garden & watch the kids find the Easter eggs James had hidden for them. Lots of fun! Then came b'fast with Easter bread, braids, buns & hummis prepared yesterday by us.

We were picked up a nice couple (friends of Mary's) & taken to the Easter service at High Beetham. Lots of lovely daffodils decorating the church. It was a very nice service but it was hard not to feel emotional about the rest of our family in To & no Easter gathering with them & also about all those relatives now in Heaven. Mary's friends took us on a lovely drive high up on the way home. Norman from next door came to Mary's lovely Easter dinner. It is definitely easier to feel cheerful about things now my cold is better.

Mon. April 12/04 Hind Lea

04.4.29

This was the day for Mary & me to go to Keighley to see All Saints Church on Highfield Lane to see the second "The Great Sacrifice" stained glass window by James Clark which we knew of. It was a long drive & Mary did very well but the church was locked & no way in!! No use bewailing it!! After coming home to Hind Lea Mary took Fred & I to Lancaster for lunch at a pub. I got the packing pretty well finished & admired things in Hamali's room with her. Peter was away all day practising with a play group in Hornby.

In the evening there was another round of that hilarious game "Just a Minute" played by the five of them. Our last night here which is sad but maybe it is time to move on.

Tues. April 13 London

04.4.1A

Mary got some photocopying done in connection with Sandy Bay & then our packing was complete. Last little walk around the garden where Mary & I could laugh at the book "Why Men Can't Do Only One Thing at a Time". Alot of helpful information there & good humour too. It has been a help to talk some of the points over with Mary.

We all had some Sirimel Cake & then it was time for Goodbyes with James, Peter & Hannah. Mary & Paul took us to our train in Lancaster & there the last, hasty sad Goodbyes were said. It was really sad to realize this big English trip was ending & with all the closeness there has been with Mary this time it was a wrench to feel we were being separated again. We have a bigger room at the Saintach this time which would make a possible future stay more pleasant. Now it is time to face the challenges of the future. Really glad I did not blow up at any time at Trek & some of the things he does on the occasions

Wed - April 14/04 London to Toronto

10:00 a.m. Just been for a walk around the 2 nearby parks - tulips coming up in Tavistock Square & all sorts of flowers in fascinating Russel Square. Weather is perfect.

~~I think~~ This bigger room was much nicer than the first one we had (beware of bathtubs however) and the ~~cute~~ lovely view over Tavistock Square cancelled out the street noises.

If we come again I would go for the front view from the Tavistock. Also have a detailed discussion beforehand with Fred re problems which affected me this time - thinking of only one thing at a time which left me out completely quite often, & have cut to stop more fairly, let Maryann things in her own home & don't direct the kids, help reduce stress for her whenever possible, don't add to it.

Final thoughts - ① I think stress before our departure on this trip for England caused sparks & tension from the very beginning. ② "One thing at a time" also about all Fred can do is very important. I think I have covered everything in the preceding pages

Holiday Trip to W. Canada Sept '06

Sept. 6 - Day 1 · Toronto - Calgary - Banff

Our long anticipated holiday trip got off to a flying start today. We were up at 6:00 ready for our taxi to the airport. Smooth ride there so early in the a.m. Once checked in (wheel chairs in order) we had a good b'fast & then flew to Calgary. A bit of wait for our rented car at the airport but eventually drove off enjoying the drive to Banff very much & feeling the mountains were not only impressive but surprisingly huge. Lovely to get settled at the historic Homestead Inn & considered our dinner at Melina's Restaurant a celebration.

Sept 7 - Day 2 Banff

06·4·24 Peyto Lake
06·4·23 Peyto Lake
06·4·22 Fred at Peyto Lake
06·4·21 near Peyto - 1 tree very symetrical
06·4·20 Athabasca Lake

On our drive to Peyto Lake we passed a bad accident where a large

truck & trailor had turned over beside the Trans Canada. Otherwise the drive was lovely & so was Peyto with wonderful mt. reflections in it. Very nice lunch at Louise junction

06·4·19 Short Glorioasa at Admin. Gardens
06·4·18 Contrasting flowers " "
06·4·17 Immense pansy garden " "
06·4·16 Spectacular snapdragons " "

On our return to Banff visited the Administration Gardens which were breathtaking - so many blooms on each plant & all so big, vivid in colour. Dinner at the Balcan restaurant (Greek) where we had a lovely meal served with Gk. enthusiasm. Gift shopping before returning to Homestead

Sept. 8 - Day 3 Banff

06·4·15 - Joan with Castle Mt. behind
06·4·14 - Fred & spectacular Mt. beh. Moraine
06·4·13 Moraine L. from lake edge
06·4·12 & 11 - Lake Louise
06·4·10 Mt. Rundle on returning to Banff
06·4·9 Pathway reaching top of Sulphur where Gondola Bldg now stands instead of our Tea House

Moraine Lake was our first goal & what a long drive upward & it from the L. Lake road. Very impressed by a huge mt. on our rt as we drew near Moraine. see ~~stud~~ print. 14. Unfortunately a short succession of stone steps on the path upward to the best viewing area had no railing so I had to give up. Big disappointment! Went then to L. house where it, like Moraine was dulled by smoke from fires in the U.S. Lunch was a wrap. Then we took the Gondola up Sulphur which is always thrilling. You see so much - forest & pathways below you, Rundle opposite, Banff below etc. had dinner at Melisa's

Sept. 9. Day 4 Banff to Calgary

Drove to Calgary & found Doug was all ready to take me to Spruce Meadows & Judy to take Fred to a very good Egyptian. Exhibition at the Glenbow M. Sp. Made a great thrill with all the horse jumping at this famous place. 60000 people there & golf carts for handicapped very helpful. I knew nothing about the famous Sp. Mead. till today & was excited to see so many famous jumpers & the dressage

Sept 10 - Day 5 Calgary

06·4·8 Family meal in J. & D's garden

06·4·7 Joan & Broden

06·4·6 Joan & Broden

06·4·5 Family in garden

06·4·4 Broden & Jennifer

06·4·3 Kevin & Jennifer in their home

Very nice service at J & D's church with coffee afterward where I met a remarkable woman with lung cancer from Antigua. Big family gathering for supper with Broden the big attraction. He is really handsome & so contented!

Sept 11 - Day 6 Calgary Kananaskis etc Cayley Longdon

D & J had planned carefully to take 2 days holiday so they could take us places - 1st to Cochrane for famous ice-cream, then a long drive S. down the Kananaskis Valley with lovely mts. & forests all the way. Then turned east & tried to find Cayley for Doug - rather elusive but a sunny prairie town with one store & Oriental owned, & houses of varying ages. Judy got supper at home while Doug us next to Longdon where his prefabricated house party is to be if water & other problems get solved.

Sept 12 - Day 7 Wetaskiwin.

Today we had the long drive to Wetaskiwin to see the Reinhold Transportation Museum with amazing collections of old bicycles, motorcycles, cars, planes etc, Took W.I.J for pizza on return to Calgary

06.4.2 - Picnic lunch outside Reinhold

06-4.1 Aeroplane display inside Reinhold

Sept 13 - Day 8 Calgary to Lethbridge

On our drive to Lethbridge stopped at Nanton to visit Canada's Bomber Command Memorial at the Nanton Lancaster Society Art Museum Very moving indeed when one learns of the huge percentage of these men on active service were killed. Doug Petherbridge has us at the Pepper Tree Motel for 2 nights - very generous of him & very comfy here. Over to their place (Doug & daughter Judy) for lunch & dinner. Saw Margaret Nelson in between - she's not too well - diabetis. It is very strange without Sheila. It is good that ~~Shel~~ Judy & Doug get on so well together

06.5.24 The Lancaster in the Museum at Nanton

Sept. 14 - Day 9 Waterton

06·5·23 Red Rock Canyon at Waterton
06·5·22 Cameron L. " "
06·5·21 Waterton Lake
06·5·20 Foothills as you leave Waterton

As arranged Doug & Judy drove us to Waterton - a great thrill for me to see all the prairie scape (& Monon Temple at Cardston) & finally the mts & Waterton L. Side trips were R Rock Canyon & Cameron L. Fred & I took them to lunch in Waterton at a place that new - big success.

Sept 15 - Day 10 Back to Calgary

Stopped for lunch at High River (?) on our drive back to Calgary. Getting lost made me realize unfamiliar drives are stressful. Spent the afternoon packing. Ruth Armstrong & Graeme came to Doug's spaghetti dinner - lovely to see them but not enough real talk with Ruth.

06·5·19 Coulee view fr. Petterbridge's
06·5·18 Doug, Judy & Fred at Petterbridge's living room dining L. table · Sheila's picture in corner
06·5·17 Petterbridge's living room

Sept. 16 - Day 11 Calgary & Vancouver
Good Bye & Doug & Judy. Returned
car at Calgary airport (stress when we
turned into wrong lane just before
the airport). Flew to Vancouver
& took taxi to Hazel Hay's home. Great
to see her & be in her home again. Fred
& I walked to the Oriental florists & got
a big 'mum plant for Hazel & then she
& I walked to the Drugstore

Sept 17 - Day 12 Vancouver - Hazel's
06.5.16 Hazel's family Gathering
06.5.15 Cousins Gordon & George & Fred
at Hazel's table. George looks
so much like my Dad.
06.5.14 My cousin Barbara & ?
with me at Hazel's
The Hay dinner party which
Hazel had because Fred &
are visiting was just great.
Barbara came early to see me!
Hazel is certainly the family
hostess & keeps the family intact.

Sept 18 - Day 13 Vancouver to Whistler
06.5.13 & 12 On the way to Whistler
06.5.11 Whistler Village with ski
runs on the above mountain

Hazel very kindly took me, Fred & her daughter Laurie by bus to the ski village area of Whistler. Winter Olympics will be held here so much road improvement going on. Very scenic up in the mts there but expensive. Took Hazel & Laurie for a very nice lunch at Milestones.

Sept 19 - Day 14 Vancouver - Beth's
06.5.10-7 Hazel in her living room with each of us. Bill in the photo with our flowers. Took the above pictures in Hazel's living room & remind us of a wonderful visit. Beth collected us & drove us to her very nice condo. Walked with her (she walks very well) & the back as our funds needed replenishing

Sept. 20 - Day 15 Vancouver
This was a day of rain so stayed indoors at Beth's & relaxed. Fred & I took Beth to a steak house for dinner. Good day to take break out

~~Steveston~~

Sept. 21 - Day 16 Steveston - Vancouver
06.5.6 - Fred & Beth at Steveston marina
06.5.5 - Beth & Joan at Steveston lounge lunch
This was our main day of outing with Beth. Went to Steveston area, did some gift shopping & had lunch.
Concluded at a huge bird sanctuary.

Sept 22 - Day 17 Vancouver to Victoria
Beth drove us to airport for flight to Victoria. Taxi to Isabel's condo. Great to see Isabel - she's put the same bed a bit closer. Shopped & prepared lunch & supper in this splendid guest suite.

Sept 23 - Day 18 Victoria.
Shopped some more at Thrifty's
06.5.4 Fred at Victoria's waterfront.
We examined some of the waterfront & had lunch at a fish & chips spot.
Visited the Royal Br. Columbia Mus. & then saw "Survival Island" at Imax - same bldg
Dinner at Isabel's condo home.

Sept 24 - Day 19 Victoria

Sunday so we went to the Cathedral with Isabel. Numerous visitors warmly welcomed. Their 3 million dollar new organ sounded wonderful. Spent some time in the upper Chapel with the Jerusalem windows which Fred pictured on his new camera. Went for a walk in the afternoon & saw Emily Carr's house

Sept 25 - Day 20 Victoria

06·5·3+2 - Marion Boldt in her home

Marion Boldt came & Clarence Sd. to drive us to their house on King George Terrace nearby. It was such a thrill to see her again - she is wonderfully cheerful about her bone cancer of which we saw very little evidence. Their house (M. Pl.) is so interesting fitted onto a cliff-side looking seaward. After dinner us (like mishaps on the way) to the Union Club for lunch with the Rifats. Very nice. Bug Museum visited afterward.

Sept 26 - Day 21 Victoria

06.5.1 - Joan ab Victoria Harbour
Last day of this wonderful holiday which has passed so smoothly with no mishaps. Walked to the harbour area back & then parked. Took Isabel to dinner at Marinara - an elegant restaurant right beside a huge marina full of endless boats - mainly small sail boats.

Sept 27 - Day 21 Victoria to Toronto

Isabel saw us off from her place when our taxi arrived to take us to the airport. I enjoyed the 2 flights tremendously as I had window seats & could see the mts clearly Vic - Calgary & the prairie landscapes Calgary - limit of prairie terrain. Having 2 wheelchairs made things go smoothly & home looked wonderful at the end

Cruise Holiday to Les Iles de la Madeleine - Sept. 07 plus Québec Visits & Ottawa

Sept 6 - Day 1. We were completely ready for our taxi when it arrived at 10:00 a.m. Driver turned north at one point of intersections by mistake on the DVP so ride a bit tense with time lost. Fred got a porter to come for our baggage & put it on our VIA1 car. Lunch was a great meal. Had a relaxing afternoon on the train. Realized how fast and noisy Montreal is as our taxi took us from the Station to the Travelodge Centre for the night. Went out for a Chinese supper.

Sept. 7 - Day 2 - Continental b'fast was pleasant. Today was definitely a real introduction to hearing French spoken all around. Went to IGA for lunch stuff. Checked out from Travelodge & took a taxi for complicated ride to the relevant pier. Very exciting to be on the Vacancier at last! Cabin is a bit small so planned movements are necessary.

lovely dinner in lovely salle à manger. Fun to explore the ship. The sun is still hot!

Sept 8 - Day 3 Terrific breakfast with lots of choices. Some talks today on life jackets & exits & on French Can. History with emphasis on Madeleine Hébert History. Ship stopped at Matane at lunch time - to take on supplies? Ship came close to Gaspesi coast enabling us to see two windmill farms. Air clean & fresh & so much water in view. Special French dinner tonight - see menu - with commentary on each course. Arrived at Chandler c. 11:00 p.m. having passed Percé after dark.

Sept 9 - Day 4 Arrived at Cap au Meules (Iles) after 1/2 past c. 10:00 a.m. - a relief as ship had been rolling quite alot during the night. Cooler now & air much fresher. Photographed Cap au Meules & harbour from ship. A sort of relaxing day. Lunch with 2 slices at "Les Pas Perdus". Slept in afternoon & back to shore for supper.

Sept 10 - Day 5 - Good day - sunny, superb air, warm but not hot. Damien gave us a great tour to the n.e. ending at Grande Entrée Island where we got lunch. Soon after starting we crossed to Havre aux Maisons Island & stopped at a viewpoint looking s. to Ile d'Entrée. Crossed the Island & stopped at the beach on e. side of Island so all could go down & walk along the beach with waves coming in and spectacular sandstone cliffs being eroded inland. Visited the one herring smoking establishment still functioning at Havre aux Maisons, then drove along the n. shore past Wolfe Island & the Salt Mine to Grosse Ile where there is an Anglophone community. After lunch stops at gift shops, pottery production shop, wine shop, cheese factory. Dinner at le Patio, Cap aux Meules, with other passengers.

Sept. 11 - Day 6 - Another good day; although it was cloudy all day, there was no rain until we

Got back to the ship after the end of our second bus tour - this time across Cap aux Meules Isd. & down the "East Dune" to Havre Aubert Isd. Passed through Gros Cap district with stop at a gift shop with a lot of woodwork & sandblasted glass (old bottles & the like), then on to Lavernière and along "Church Rd." (& the big church - see later) to Ch. du Coeur Rouleau and on to Fatima. Visited the "clamshell church" of Our Lady of Fatima, then went by Damien's house & the eroding cliffs (with the mini Percé Rock) & down coast to Snackbar, gift shop & restrooms at Anse du Etang du Nord (old dry dock) (see picture of harbour from there) on to Havre Aubert for a delightful ~~seed~~ solo lunch, then visited Musée de la Mer, Aquarium (with baby seal in pool at back) & another artisan shop, before returning to Cap aux Meules Isd. & visiting the old "Big Church", then back to ship & "small collation" at 8:00 pm.

Sept 12 - Day 7 - Yesterday evening saw unceasing rain & rising wind - very choppy crossing overnight to Chandler, where there was rain & thick fog. Chandler stop was cancelled, & we started the return journey around the Gaspé soon after breakfast. By lunch time the sky had mostly cleared & we had a good view again of the hilltop windmill farm (at Cap Chat?). We were now heading into a strong headwind, which during dinner was throwing spray from slipping bow all the way up to dining-room windows. Ate with group of fellow passengers. Earlier saw "Plein Whole" & "Ile d'Elbée" films.

Sep. 13th - Day 8 - As a result of cancelling Chandler-Percé visit, got to Québec late morning. Beautiful weather as we came in to the dock, with Château Frontenac high on the horizon. After lunch we went on our own for walk in old town down by river - N.D. des Victoires, Place Royale, & SW corner of fort with ditch. Back to ship for a

rest, then dressed for the final dinner - the second "historic dinner" with 8 courses of various kinds - Then to bed, to prepare for early arrival at Montreal.

Sept. 14 - Day 9 -

Docked in Montreal 7:30 ship time, 6:30 EDT when still darkish. Ship staff said goodbye to us so nicely. Sad to say the same to the "Vacancies" & friends, esp - the Alices.

Taxi to Central Station, where we had a long wait, since, to be on safe side, I had booked with VIA 1 for Québec city at 12:30 pm. Nice lunch on train through Gare du Palais in Québec serves buses as well as trains, so bought Québec - Chicoutimi - Jadonsac - Québec tickets before taking taxi to Chateau Laurier, where we had a great room. Dinner at Vieux Canada on Grande Allee.

Sept. 15 – Day 10 – Taxi from hotel to Gare du Palais for bus. Raining from morning to late afternoon, but a beautiful drive through Wildlife Forest Park to Chicoutimi with brilliant maples on some hills in first part of drive. Taxi from bus to Hotel La Saguenéenne, which was not crowded except for a wedding party. Nice buffet supper.

Sept. 16 – Day 11 – Great brunch at La Saguenéenne, then off by taxi to bus station. Asked driver to take us to spot where we could photograph both spans of Saguenay old & new bridges; he, as a local, knew the ideal spot! One buy ticket misplaced, so had to buy a replacement. Lovely drive down the Saguenay to Tadoussac. Hotel Tadoussac sent a van to bus station for us. Our room, on 2nd floor, looked out over the bay. Walked down to head of harbour & the Whale Museum, then back to the

Hotel for a scrumptious buffet dinner, where we met Della Alice's friends + neighbours Marina & Rock Francis - What a coincidence!

Sept 17 - Day 12 - Wonderful buffet breakfast! Tadoussac is a gorgeous site. After bkfast we visited the small, + very old, church by the shore + the large new church up hill. Walked all the way to the end of the pier, had a snack on the way back to the hotel then went in their navette to the bus station. While waiting for the Québec bus I had photographed the old two-masted wooden fishing-boat on display behind the bus station + the Youth Hostel. Very scenic drive to Québec with many hills a mass of flaming maples. Trip started with bus- + car-ferry ride across the mouth of the Saguenay, with a fine view up the fjord. Taxi to Château Laurier

Sept. 18 - Day 13 - Wonderful day with the Savaries. Serge came over to the hotel & took us for a fascinating walking-tour of the Parliament Bldgs. area & Vieux Québec - excavation of the early fort-remains under the Château Frontenac terrace is fascinating. We took Serge to lunch, then we walked back to the hotel on Place George V. Serge & Joan then went to the observation floor atop the nearby 31-storey bldg., but Fred had walked enough by then & went to hotel room to rest. Serge is now working on his doctorate in public admin. & Etienne attends a CEGEP close by - In late afternoon Serge came with the car to take us to dinner at their home. Wonderful to see Carole (whose face is always so lively) & Etienne again. After a lovely dinner Serge drove us back to the hotel.

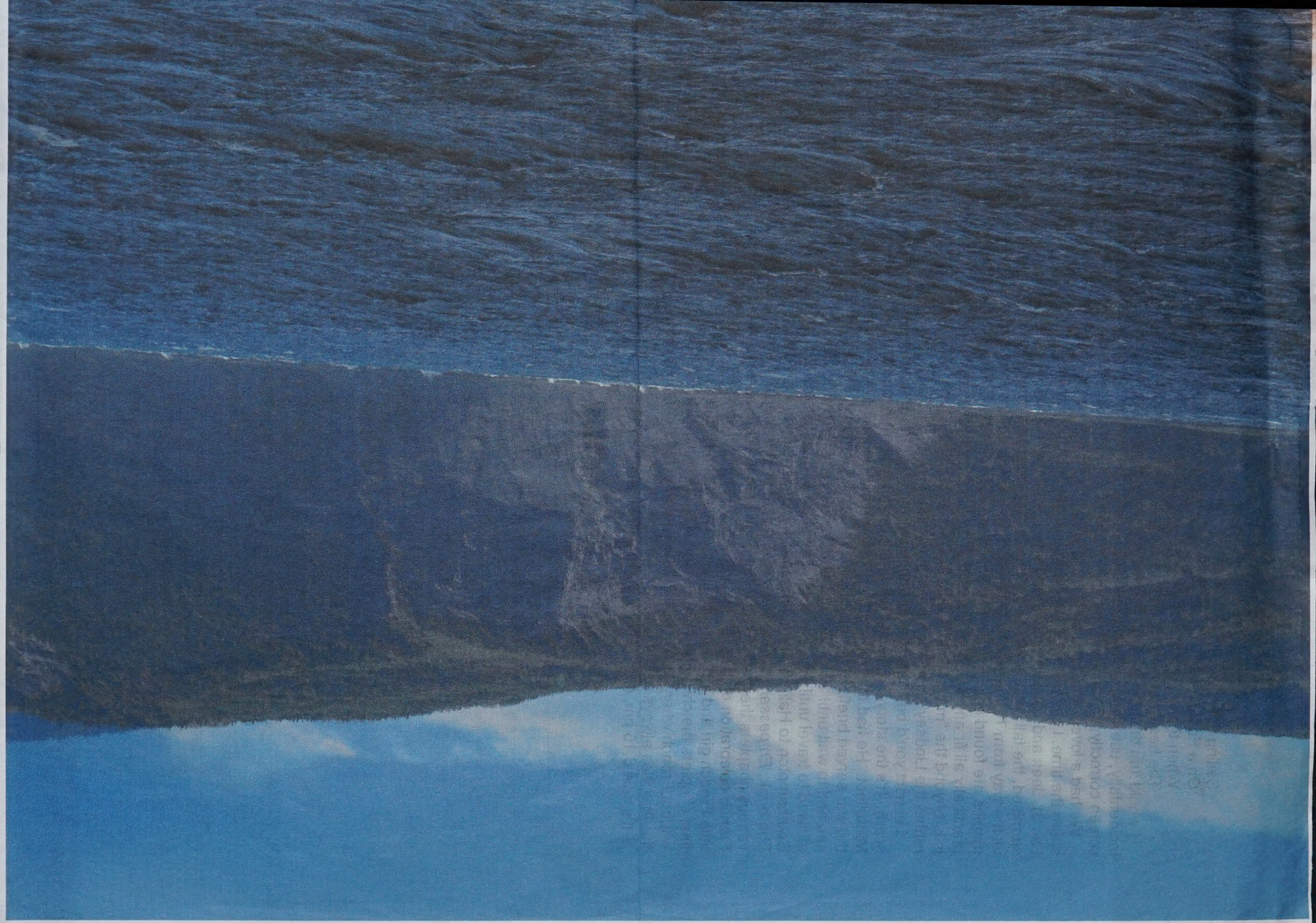
Sept 19 - Day 14 - After breakfast Laurier's "buffet continental" is rather "uncontinental"! We both returned to the 30-story bldg. for Fred to see the trees & take pictures. Then taxi to train station, VIA 1 lunch on the way to Montreal & VIA 1 dinner on the Montreal Ottawa leg. Penelope & the girls met us at the station & we went to James St. for our Ottawa stay.

Sept 20 - Day 15 - Breakfast with Penelope after girls were all finished, and lunch after she returned from Suzanne's orthodontic appointment. After lunch she drove us out to the Campbell's as she had arranged. Very nice visit & tea with them. Phil was most informative, both about his work with Agriculture Canada and esp. about his work on radar during WW II! Marian was quieter, and didn't seem to be all that well

They drove us back to Penelope's with a detour through the area of the Experimental Farm and the Arboretum - Farm covers a huge area, once outside but now surrounded by the city. We took Penelope and the girls to the Efes Restaurant for dinner - the Turkish meal was enjoyed by all, and I ~~had~~ (tried) had Adana Kebap for the first time in 30 years!

Sept. 21 - Day 16 - Quite a busy day! After Suzanne & Rachel were off to school & our breakfast cleared away, Penelope drove us through a small part of Gatineau Park, with a stop at one of the lakes. Then back for lunch & off to the 1:00 pm. tour of Rideau Hall, where we had an excellent guide - and a fair amount of walking & standing. So Fred got least needed a rest after returning to

Tuesday St. After Suzanne & Rachel were both home from school Penelope drove us all, with our luggage, to the train station, where we boarded VIA, for Toronto, with another juice VIA, dinner en route. Jon met us at the station to take the girls to his place, and Penelope drove us & herself to Highgate in the rented car. We were quite late getting to bed, but we certainly had a very interesting & enjoyable holiday.



Sailing down the river
On a Friday afternoon,
When though it was September
The heat was just like June,

It seemed that poor old Pud-dee
Would likely quickly swoon,
Wearing his warm hoodie
When for that it was too soon.

I would 'um the tune for you, in case you don't already know it, but my computer cannot manage that. Incidentally, use Mummy's address for E-mail to me; my "environment", if I understand the message on the screen correctly, is apparently having problems with one of its boots.

We had a lovely time both on the ship and on Les Iles de la Madeleine; if some summer you felt you could spare the time, I can lay out a splendid 8-10 day tour for you–also a similar one for Quebec city, Chicoutoumi-Lac St. Jean and Tadoussac (where there is whale-watching and tours of the Saguenay Fjord). As you surmised, the fall colours were beautiful on the lower part of our bus trip from Chicoutoumi to Tadoussac and all the way from Tadoussac to Quebec; however, we got the impression further north around Chicoutoumi that maples are found only in the habitation centres, having been brought in by the residents; elsewhere it's practically all fir and spruce (I guess that, as on the way from North Bay to Moosonee, the Chicoutoumi region is is beyond the "maple limit". While in Quebec we had a nice visit with the Savarias (Serge and Carole), who rented the Lindsey's house for a couple of years.

I expect you'd be interested in reading a book Mummy bought for me on Les Iles (I bought her a fancy scarf). It's the story of a young girl from London, who met, and in 1945, at the age of 18, married a Madelinot. He had enlisted in a francophone unit, landed on the Normandy beach on D-Day 1944, and after the war served briefly in the occupation forces in Germany. He returned to the Madeleine Islands in 1945, but she had to wait until 1946 because she was already pregnant with the first of 9 children (!) and then wasn't allowed to travel until the baby was at least three months old. She and many other war-brides travelled from Southampton to Halifax on the Queen Mary; on landing in Halifax she had her first icecream in seven years. The book, *En passant par les isles*, was edited by the couple's (Joan and Conrad) eldest son, and in the various chapters they take turns telling their stories. Conrad was one of those who returned to France for the French celebration of the 50th anniversary of liberation in 1995, and the book has a photo of him holding a little French girl and a bouquet of flowers which she had just presented "pour le veteran liberateur." In the final chapters the children talk about their parents. It's all in French, of course (incidentally, Joan was totally without French when she arrived on the islands!), but though I met a number of unfamiliar words and phrases the flow was always easy to follow.

It's now 8.15 pm, so I must stop and set out the breakfast!

Love to all, Daddy

(2) dated (photographed by Fred)
Amen Court 1945 shows bombed section of a bldg with St. Paul's in background - Destroyed bldg. very likely 2 Amen corner

(3) Amen Court - garden area inside court with fountain & buildings around - n. gate in distance. (photographed by Fred)

Taken by Fred in London Museum - dining (Roman) room of 300 A.D. based on Bucklersbury mosaic near Queen Victoria Street whose discovery was recorded in Illustrated London 1869 News

Guildhall - Maps + Prints

Internet

Address - Guildhall Library
Gresham St
Lynn McNab
bury

7. "Map of London dated 1886 - Suttaby Publisher printed plainly - Amen Court seems to be called the Chancery - There must have been some changes between 1886 + when we walked through the Court but maybe not

1. AMEN Court - ~~Photo taken dated~~ 1928 - (Photographed by Fred) looks along a - lane & beyond gateway + so No 2 shows as the end of the building

Maps surveyed in 1873 showed the Chapter House as on Map 1886

All photos we saw were labelled Amen Court

Shuttle Express 4.00 pm way
9.00 – 10.00 p.m.